

MANAGEMENT OF CHRONIC ILLNESS – WHAT’S IN, WHAT’S OUT
Thursday, November 13, 2008

Fees: Early registration: \$100 by 10/31/08 - \$120 after 10/31/08; \$80 for employees of sponsoring organizations; \$40 for students
Registration fee includes traditional Frankenmuth chicken dinner with vegetarian options.
Cancellation policy: No refunds after 11/6/08. After 11/6/08, please call for availability.

Name: _____ Last 4 digits of SS#: _____

(Print or type)

Address: _____ (Street) _____ (City) _____ (Zip) _____

Phone: _____ Employer: _____ E-mail address: _____

Name badge should read: _____

Are you an active Pi Delta member? If so, come join us for our membership meeting during lunch. Please check here if you plan to attend. _____

Concurrent Session 1: A B C

Concurrent Session 2: D E F

Concurrent Session 3: G H I

Make checks payable and mail to: University of Michigan-Flint, Dept. of Nursing, Attn: Carol Hall

303 E. Kearsley Street, Flint, MI 48502

Questions: Contact Carol Hall at (810) 762-3420 or hallca@umflint.edu

CONFERENCE INFORMATION

Management of Chronic Illness
What’s In, What’s Out

Place: Bavarian Inn Lodge & Conference Center
One Covered Bridge Lane
Frankenmuth, MI 48734 (989) 652-2651

Conference Fees:

\$100 early registration (if received on or before 10/31/08); \$120 after 10/31/08

\$ 80 Employees of sponsoring organizations

\$ 40 Students – must have valid student ID

No refunds after 11/6/08

Fee includes handouts, contact hours, and traditional Frankenmuth chicken dinner with vegetarian options.

CONFERENCE GOALS

1. Describe pharmacological management of pain for patients who are chronically ill
2. Describe evidence-based care practices for treatment of chronic illness for clients from diverse cultures
3. Discuss collaborative approaches for the multidisciplinary management of chronic illness for clients across the lifespan
4. Evaluate disease management programs for the management of chronic illness for clients in community and institutional contexts

CONTINUING EDUCATION CONTACT HOURS

Participants who attend the **entire session** and complete an evaluation form will receive a certificate for 5.6 contact hours. Attendance will fulfill the pain management requirement for licensure renewal.

Nursing Development & Research at University of Michigan-Flint is approved as a provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses’ Credentialing Center’s Commission on Accreditation.

PRESENTER

KEYNOTE SPEAKER:

**April Vallerand,
PhD, RN, FAAN**



Dr. April Hazard Vallerand is currently an Associate Professor in the College of Nursing at Wayne State University.

Her research interests are focused on the improvement and maintenance of functional status in patients with chronic pain and the prevention of pain-related disparities. She recently completed a study designed to improve cancer pain management in the home, funded by the National Cancer Institute. Dr. Vallerand is a Fellow in the American Academy of Nursing. She was a member of the American Pain Society panel for the development of *Guidelines for the Management of Pain in Osteoarthritis, Rheumatoid Arthritis, and Juvenile Chronic Arthritis*, and the American Geriatric Society panel for the development of guidelines for the *Management of Persistent Pain in Older Persons*. In addition, Dr. Vallerand lectures nationally on the management of pain and has published numerous articles on pain and pain control. She has also authored five books on pharmacology for nurses and other health care professionals including *Davis’s Drug Guide for Nurses*, which is in its 11th edition.

Dr. Vallerand received her Bachelor’s degree in Nursing from Mount St. Mary’s College in Los Angeles; her Master of Science in Nursing from California State University, Los Angeles; her PhD in Nursing from the University of Pennsylvania; and completed a three-year postdoctoral fellowship in Psychosocial Oncology at the University of Pennsylvania School of Nursing.

PROGRAM OUTLINE

Thursday, November 13, 2008

7:30-8:15 Registration/Continental Breakfast

8:15-8:30 Welcome and Introductions

8:30-10:30 **Keynote Speaker**

"Management of Pain in Chronic Illness"

April Vallerand, PhD, RN, FAAN

10:30-11:00 Break/Vendors/Exhibits

11:00-11:50 **Concurrent Sessions A-C (choose one)**

Please indicate your first choice on the registration form.

A – Our Future is at Risk ... Pediatric Obesity

**Christina Aplin-Kalisz, MSN, FNP-BC
Clinical Assistant Professor
Department of Nursing
University of Michigan-Flint
Flint, Michigan**

B – Low Back Pain Guidelines

**Edgar Torres, PT, D. Sc.
Assistant Clinical Professor
Physical Therapy Department
University of Michigan-Flint
Flint, Michigan**

C – Palliative Care: The Road Less Traveled

**Diane Welker, RN, MS, ANP-BC
Coordinator, Pain & Palliative Care
Hurley Medical Center
Flint, Michigan**

11:50 am - 1:00 pm Lunch/Vendors/Exhibits
(Pi Delta membership meeting during lunch)

1:00-2:00 **Plenary Speaker**

"Models for Disease Management"

**Trissa Torres, MD, MSPH, FACPM
Medical Director, Population-Based Care
Genesys Health System
Grand Blanc, Michigan**

PROGRAM OUTLINE (continued)

2:00-2:15 Break/Vendors/Exhibits
2:15-3:05 Concurrent Sessions D-F (choose one)

Please indicate your first choice
on the registration form.

D - Heart Failure: What Causes It? What Complicates It? How Do We Treat It?

Pamela Handley, MSN, ANP-BC
Adult Nurse Practitioner
McLaren Regional Medical Center
Flint, Michigan

E - Pediatric Asthma: Turning the Tide

Jan Roberts, RN, C, AE-C
Asthma Clinical Outreach
Hurley Medical Center
Coordinator, Genesee County Asthma
Network
Flint, Michigan

F - Respiratory Muscle Dysfunction in Persons with Movement Disorders

Donna Fry, PT, PhD
Director, Physical Therapy Department
University of Michigan-Flint
Flint, Michigan

3:05-3:15 (move to next session)

3:15-4:05 Concurrent Sessions G-I (choose one)

Please indicate your first choice
on the registration form.

G - Diabetes Empowerment: How Sweet It Is!

Richard Richardson, MSN, RN, CDE
Clinical Assistant Professor
Department of Nursing
University of Michigan-Flint
Flint, Michigan

H - Bariatric Surgery: Why Not Just Diet??

Kristi George, MSN, FNP-BC
Clinical Assistant Professor
Department of Nursing
University of Michigan-Flint
Flint, Michigan

PROGRAM OUTLINE (continued)

I - The PATH to Better Quality of Life for People with Chronic Disease

Arthur E. Franke, PhD
Director of Prevention Programs
National Kidney Foundation of Michigan
Ann Arbor, Michigan

4:05-4:15 Evaluations and Certificates

DIRECTIONS TO BAVARIAN INN

Traveling from the north:

Take I-75 south past Saginaw. Exit I-75 at Frankenmuth/Bridgeport Exit #144. Turn left onto Dixie Highway and follow for 2 miles. Turn left at the blinking light onto Junction Rd. (will turn into Genesee St. in Frankenmuth). Follow for 5.2 miles until you reach the traffic light at the intersection of Genesee and Main. Turn right, follow Main St. to the fourth traffic light, and turn left to cross the Wooden Covered Bridge. The Bavarian Inn Lodge will be on your left.

Traveling from the south:

Take I-75 north through Flint. Exit I-75 at the Frankenmuth/Birch Run Exit #136. Turn right onto Birch Run Rd. and follow for 1.9 miles to a 4-way stop at the intersection of M-83 (Gera Rd.) and Birch Run Rd. Turn left onto M-83 and follow for approx. 4.2 miles to Weiss St. where you will turn right. Bronner's Silent Night Chapel will be on your left. Follow Weiss St. for approx. 1 mile to a 4-way stop. Continue on Weiss for another quarter mile. The Bavarian Inn Lodge is on the left.

Accommodations: A block of rooms has been set aside for this conference. Please refer to EBP Conference/UM-Flint or Group No. 10V5XE when making reservations.

Room Rates: \$99 standard room/ \$159 suite (plus 11% tax). Call 1-888-775-6343 for reservations. Must be made 30 days prior to conference to receive above rates.

3RD ANNUAL
EVIDENCE-BASED
PRACTICE CONFERENCE

MANAGEMENT OF
CHRONIC ILLNESS
WHAT'S IN, WHAT'S OUT

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Bavarian Inn Lodge &
Conference Center
Frankenmuth, Michigan



Conference Sponsors

University of Michigan-Flint
School of Health Professions and Studies
Department of Nursing
Physical Therapy Department
Urban Health and Wellness Center
Hurley Medical Center and
Hurley School of Nursing Alumni Association
Genesys Regional Medical Center
Matrix Pain Management
McLaren Regional Medical Center
Pi Delta Chapter of Sigma Theta Tau
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